



FUTURE INDUSTRIAL TECHNOLOGIES

PREVENTING TOMORROW'S INJURIES TODAY™



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Injury Prevention in Action — Right Where You Work

Hello June! With summer in full swing, it's the **perfect time to turn up the heat on injury prevention**—especially in industrial settings where the pace quickens and the demands don't slow down. This month, we're shining a spotlight on the **powerful impact of practical, customized, on-site training** and why it's one of the smartest investments a company can make.

Unlike generic safety presentations, on-site training brings the learning directly to the job floor, where real work happens.

Employees get to see exactly how injury prevention strategies apply to their specific tasks, equipment, and workspace. Whether it's lifting, loading, reaching, or standing for long hours, tailoring every training session to reflect the unique demands of your operation results in less injuries and slashed workers' comp costs.

What makes this approach so effective? It's **hands-on, engaging, and immediately relevant.** When employees can practice safer body mechanics in the same environment they work in every day, the lessons stick. They also tend to feel more valued and motivated, knowing that their employer is investing in their long-term health—not just checking a box.

The benefits ripple out fast. **Companies that implement the Backsafe® customized, on-site injury prevention training invariably see a significant drop in sprains, strains, and costly workers'**



comp claims. But beyond the numbers, there's a noticeable shift in culture. Teams become more aware, more connected, and more proactive in looking out for each other. An additional bonus? Employees take these valuable Backsafe protocols home to stay safe while doing household chores. We've even heard from many Backsafe attendees that they share the "3 Rules" and key stretches with their family and friends to keep them healthy and safe as well!



As we move through June, let's keep safety in season. Customized training isn't just a safety measure—it's a strategic advantage that helps employees stay strong, productive, and pain-free. **If you haven't scheduled your on-site workshop yet, [now's the time](#).** Let's build a safer summer, together.

[Learn More About Backsafe® Training](#)



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[Future Industrial Technologies, Inc. \(FIT\)](#) offers workplace safety and ergonomics training programs. Backsafe® teaches employees how to perform their specific job tasks in a manner that is biomechanically correct. Sittingsafe® teaches office employees how to adapt their existing workstations so they are ergonomically correct. These injury prevention programs make your workplace safer and are proven to reduce injuries and worker compensation insurance costs.

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