



# FUTURE INDUSTRIAL TECHNOLOGIES

PREVENTING TOMORROW'S INJURIES TODAY™



Learn More About Our eBacksafe® Virtual Workshops! [Click Here](#)

## Prepare for 2026 with Backsafe® From Compliance to Commitment: How Backsafe® Builds Injury-Free Work Cultures

Imagine a workplace where employees ask for injury prevention training — not because they have to, but because they've seen how much better they feel when they do.

That's exactly what happens with [Backsafe](#).

One of our national distribution clients recently experienced this first-hand. After new management took over one of their East Coast facilities, the employees themselves approached leadership requesting their annual on-site **Backsafe refresher workshops**. No reminders. No incentives. Just genuine demand from people who know the difference it makes.



So, how do you create a culture where employees drive injury prevention — instead of management enforcing it?

### **The Backsafe Breakthrough**

Over 30 years ago, we asked a simple question:

Why do companies have to bribe employees with pizza and donuts just to attend safety meetings?

The answer was clear — most injury

prevention programs failed to connect with employees on a personal level. Workers saw them as corporate checkboxes to reduce claims or satisfy OSHA requirements. There was no “*what’s in it for me?*”

That’s why we created [Backsafe](#) — a training program rooted in Bionomics™, our proprietary methodology that goes beyond biomechanics and stretching. It’s about reaching people — teaching them how to move, lift, and live in ways that prevent pain and empower them both at work and at home.

## Why Employees Love It — and Companies Profit From It

When employees experience less pain, they feel better, work better, and live better. They learn how to eliminate micro-traumas that cause everyday discomfort and long-term injuries.

For organizations, that translates to:

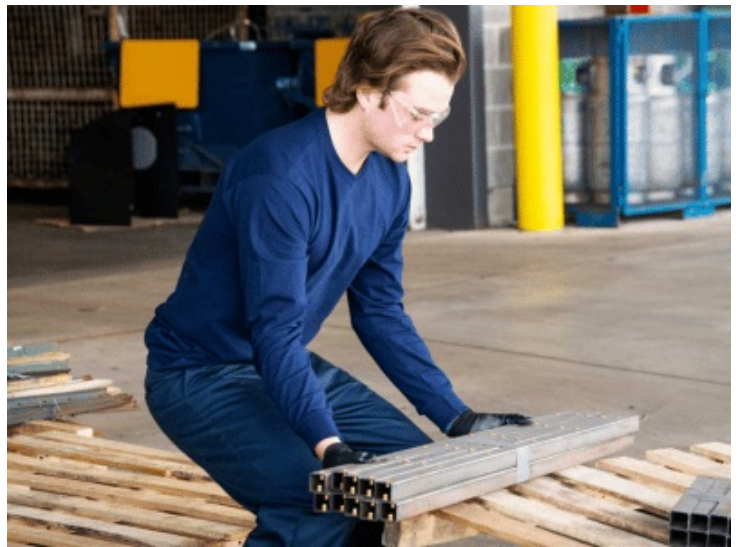
- Dramatically reduced sprain/strain
- injury costs
- Higher employee morale and retention
- A workplace culture that genuinely values well-being

It’s not just compliance — it’s transformation.

## The Bottom Line

Backsafe turns safety training into a lifestyle employees embrace — not endure. It builds healthier bodies, stronger teams, and more profitable businesses.

Because when employees are pain-free and proud of their work environment, *everyone wins.*



[Learn More About Backsafe® Training](#)



## PARMA 2026

February 24-27, 2026  
Monterey, California

Visit our booth at PARMA in February 2026!

[Event Info](#)



## WERC Annual Conference

May 17-20, 2026  
Jacksonville, FL

Don't miss Dennis's presentation this year at WERC!

[Event Info](#)

### BOOK DENNIS DOWNING

## Bring the Message to Life

Looking to inspire your leadership team or energize an upcoming event? Book Dennis Downing, the co-founder of Bionomics™ and the driving force behind Backsafe® and Sittingsafe®. Dennis delivers lively, business-focused presentations that show how injury prevention can impact the bottom line—immediately.

[Learn More](#)



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[Future Industrial Technologies, Inc. \(FIT\)](#) offers workplace safety and ergonomics training programs. Backsafe® teaches employees how to perform their specific job tasks in a manner that is biomechanically correct. Sittingsafe® teaches office employees how to adapt their existing workstations so they are ergonomically correct. These injury prevention programs make your workplace safer and are proven to reduce injuries and worker compensation insurance costs.

For more information contact Dennis Downing at:

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