



FUTURE INDUSTRIAL TECHNOLOGIES

PREVENTING
TOMORROW'S
INJURIES TODAY™



**YOU'VE TRAINED THEM.
SO WHY ARE THEY STILL GETTING HURT?**

You've trained them. You've reminded them.
So why are people still getting hurt?

Most organizations aren't ignoring injury prevention. They've held the safety meetings, reviewed proper lifting techniques and reminded employees to "work safely." Yet the same three challenges keep showing up: employees don't consistently use what they've been taught, strains and sprains continue to drive costs and lost time, and one-size-fits-all training doesn't translate across a diverse workforce. The problem often isn't the effort. It's that "traditional" training simply doesn't work to convince people to



change how they use their bodies when they're actually doing the job. And no way does it affect how they use their bodies at home.

That's where [Backsafe®](#) is different. Instead of giving employees another list of rules to remember, Backsafe teaches **practical movement strategies they can use immediately—lifting, pushing, pulling, reaching, carrying and performing repetitive tasks**. And this instruction is precisely customized for THEIR job tasks. The goal isn't just to teach employees what not to do. It's to give them safer, realistic ways to do the work that needs to get done. When the technique makes sense and works in the real world, employees are far more likely to use it.

And that matters because a strain or sprain is rarely just an injury. It can mean lost workdays, overtime, schedule disruptions, workers' compensation costs and added pressure on the rest of the team. Backsafe helps organizations get ahead of that cycle by addressing the everyday movements that create risk—and by giving new hires, veteran employees, field crews, drivers, warehouse teams and office staff techniques they can adapt to their own jobs and bodies.



If you keep seeing the same injuries despite doing “all the right things,” don't just schedule another round of the same training or be convinced that your employees' can't be taught. Let's look at **why** your people are getting hurt and what's getting in the way of lasting change. A short conversation may uncover opportunities to reduce risk that have been hiding in plain sight—and show you where Backsafe can make a measurable difference.

After all, what good is training, if employees never apply it to their lives? Backsafe is real training for real job tasks. How else can we be in business for over 30 years and still going strong?

It's time to stop accepting preventable injuries as a cost of doing business. Give us 20 minutes and we'll discuss how Backsafe earns employee buy-in, reduces expensive and potentially life altering injuries, and helps create lasting change in both your safety culture and your bottom line. Let's talk about what Backsafe could do for your organization. [Contact us](#) and ask for Dennis Downing.

[Contact Us Today](#)



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Prevent Tomorrow's Injuries Today™!
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California Court Reporters Association

September 25–27, 2026 | Omni La Costa Resort & Spa | Carlsbad, California

Join us at this event for a special presentation by Dennis Downing of Future Industrial Technologies.

[Learn More](#)



Looking to **inspire your leadership team** or **energize an upcoming event**?
Book Dennis Downing, the co-founder of Bionomics™ and the driving force behind
Backsafe® and Sittingsafe®. [Click Here](#)



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[Future Industrial Technologies, Inc. \(FIT\)](#) offers workplace safety and ergonomics training programs. Backsafe® teaches employees how to perform their specific job tasks in a manner that is biomechanically correct. Sittingsafe® teaches office employees how to adapt their existing workstations so they are ergonomically correct. These injury prevention programs make your workplace safer and are proven to reduce injuries and worker compensation insurance costs.

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